

Northeastern Athletic Conference (NAC)
Member Schools

<u>School</u>	<u>Mascot</u>	<u>Colors</u>
Badger High School	Braves	Red & White
Bloomfield High School	Cardinals	Red/White/Black
Bristol High School	Panthers	Black & Gold
Chalker High School	Wildcats	Orange & Black
Grand Valley High School	Mustangs	Blue & White
Ledgemont High School	Redskins	Red & Gray
Lordstown High School	Red Devils	Red & Blue
Maplewood High School	Rockets	Blue & White
Mathews High School	Mustangs	Red & Black
Pymatuning Valley HS	Lakers	Gold & Maroon
Windham High School	Bombers	Gold & Black
Newbury	Blue Knights	Black & Orange

DIVISIONAL ALIGNMENT

STRIPES

Bloomfield

Bristol

Chalker

Ledgemont

Lordstown

STARS

Badger

Grand Valley

Maplewood

Mathews

Py Valley

Windham

Lordstown High School

Student-Athlete Handbook

2016-2017



Determination—Endurance—Pride

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- 4. **ATHLETIC CONTRACT** - The Athletic Contract must be signed before each sport season. It shows that both the athlete and his/her parents/guardians understand the rules and regulations as set forth in this document as well as the rules and regulations as established by each coach and that the students and their parents/guardians will abide by the rules and regulations.

Contact Information:

Lordstown High School
 1824 Salt Springs Rd, SW
 Warren, Ohio 44481

High School Office: 330.824.2581
 Athletic Department: 330.824.2540
 Fax: 330.824.2586

Superintendent: Mr. Terry Armstrong
 Principal: Mr. James Vivo
 Athletic Director: Mr. Ted Drewek
 Email: ted.drewek@neomin.org
 Assistant Athletic Director: Ms. Jen Hartman
 Email: Jennifer.Hartman@neomin.org

- b. Those eligible for this award must complete a form which will be distributed by the Athletic Director.
 - c. Those qualified athletes applying for this award shall have their academic and athletic information evaluated by a scholarship committee convened by the principal and athletic director. The remaining members of the committee will be comprised of at least three, but no more than 5, non-coaching faculty members. This committee shall determine the winner of this award.
5. THE TRIBUNE SENIOR ATHLETE AWARD
- a. The Warren Tribune sponsors the Male and Female Senior Athlete award and the requirements for this award are:
 1. The student must have a 2.0 accumulative grade point average.
 2. The student must have participated in at least two sports during their senior year.
 3. All varsity coaches vote upon those athletes who meet the stated requirements with those athletes receiving the most votes being the nominee.

XXI. FORMS REQUIRED OF ATHLETES AND PARENTS/ GUARDIANS

- A. Lordstown Local Schools require that each student, along with his parents/guardians, complete certain athletic forms before conditioning for the sport begins. These forms will be provided by the coach.
 1. **PHYSICAL EXAM FORM** - This form must be completed once each school year and must be given to the coach before a student may participate in conditioning, tryouts, practices or games.
 2. **INSURANCE WAIVER** - The insurance form or waiver of insurance must be filled out by the parents. Since the school has no insurance for the athlete, parental insurance must be provided in order for the athlete to participate. If the athlete has no insurance, the school can put the parents into contact with a company that can provide coverage for an athlete.
 3. **FIELD TRIP AUTHORIZATION/EMERGENCY MEDICAL AUTHORIZATION** - This form must be completed before the sports season begins. The coach will take this form with him/her to each contest. If there is an injury or another type of emergency, the coach will have the number and names of those who should be contacted. If there should be any change in the information on the form, the parent/guardian must complete a new form.

PURPOSE OF HANDBOOK

It is the intention of this handbook to inform Lordstown student-athletes and their parents of the goals, expectations and regulations for participating in Lordstown School's interscholastic programs. This handbook will be reviewed at the beginning of each athletic season with the Athlete and parents/guardians who will have the opportunity to ask questions. Athletes and parents **MUST** sign the participation contract otherwise the student-athlete is not eligible to participate. We base as the foundation of our Athletic Program that participation in interscholastic athletics is a privilege. Any Athlete who does not accept the responsibilities and who does not follow the regulations contained in this handbook and in the specific written rules given to the student by the coach can be denied the privilege of participation.

I. PAY TO PARTICIPATE

- A. **Students must pay a participation fee of \$50 to the Lordstown Board of Education before their first seasonal event for the team(s) that he/she is participating with, or the fee must be paid before the sixth practice with that team(s), whichever comes first.**
- B. **Refunds will be given until the first season event for the sport. After the first seasonal sporting event for the sport, no refunds will be given.**
- C. **If you play two sports per season, you MUST pay the participation fee twice.**
- D. **Disadvantaged students are required to pay the sport participation fee.**

II. PHILOSOPHY OF INTERSCHOLASTIC ATHLETICS

- A. The Athletic Program is an integral part of the total educational program at Lordstown Local Schools. Therefore, we believe that the involvement of the administration, faculty and all other school personnel helps us to be consistent in following the objectives of educational policies.
- B. Teaching an individual to do his/her best in any activity is a worthwhile educational goal.
- C. Athletics provide the opportunity for highly skilled individuals to compete with and against others of similar abilities. We try to not overemphasize a particular sport and to keep sports in a proper perspective.

- D. Since we believe that our Athletic Program should be an integral part of the educational program, we must have an Athletic Program regulated so that our athletes will be able to develop a desire to excel and be willing to work hard to achieve success. We never demand victory in any contest. However, we do demand conditioning, training, preparation and a 100 percent effort at all times by the participants. If we can achieve this, the participants will grow into confident, capable, mature men and women. The quality of our Athletic Program will be determined by the caliber of people we graduate.

III. ATHLETIC VALUES

The Interscholastic Athletic Department believes that athletics can provide another area in which values can be taught and learned. We recognize that a strong, clear, forceful set of values is key to a happy, productive life. Values which serve as the basis for all Athletic Programs in our school are:

1. Athletics offers the opportunity to work with others, perform under pressure, accept victory with humility, accept defeat with grace and endure in adversity.
2. An Athlete belongs to a group. He/she must be willing to assure success for the group. He/she must give time, energy, talents, stamina, strength, dedication and loyalty.
3. Athletics demand the mind, body and spirit of students.
4. An Athlete must learn that he/she must follow to become qualified to lead.
5. Anyone can participate without regard to religion, race, creed, or sex. Understanding and accepting these differences can be attained through athletics and can play a significant role in unifying school and community.
6. Athletics not only prepares a student for competition, but promotes cooperation. An athlete first competes to make the team. He/she must then cooperate with his/her teammates and coaches to accomplish a set of goals. This requires self-sacrifice and respect for others.
7. Adolescents need to establish a physical as well as an intellectual identity. Interscholastic athletics offers opportunities to make friends, to travel, and to add a degree of purpose and excitement to his/her life. It is a chance to move beyond one's personal concerns and become a part of something bigger. Young people are given a chance to meet and deal with people outside their community and to learn to respect their efforts, as well as their own. They are placed in positions of responsibility. The success of their efforts is tied to the efforts of others.

- G. An athlete MUST attend the Sports Awards night in order to receive their award.
- H. AWARDS
1. Varsity Awards
 - a. A student will receive one block "L" letter and a metallic symbol of the sport in which the letter earned, and a metallic bar to represent one year in that sport to attach to the letter.
 - b. When the student earns another first year award in another sport, he/she will receive a sport symbol indicative of that sport and a metallic bar to represent one year in that sport to attach to the letter.
 - c. The second through fourth year award is a metallic bar representing each year in each sport that an award is earned.
 - d. Any senior who has been a faithful member of an athletic squad for a period of three years, but failed to fulfill the necessary requirements to earn a letter, may, upon special recommendation of the coach, receive a block "L".
 - e. A manager, statistician or camera operator may, upon the discretion of the coach, receive a block letter after at least two seasons of varsity service – seasons do not have to be consecutive.
 2. Other awards
 - a. Any student who is a faithful member of a varsity, junior varsity, 9th grade or Junior High School team, upon the recommendation of the coach, receives a certificate.
 - b. Any student who earns 12 varsity letters shall receive a special award.
 3. Special Awards
 - a. Up to three awards MAY be given in the following sports. The coach shall determine the name of each award (Boys Cross Country, Girls Cross Country, Golf, Soccer, Volleyball, Boys Basketball, Girls Basketball, Boys Indoor Track, Girls Indoor Track, Baseball, Softball, Boys Outdoor Track, Girls Outdoor Track).
 - b. One award MAY be given in cheerleading with the coach determining the name of that award.
 4. SENIOR SCHOLASTIC ATHLETE AWARD
 - a. The Lordstown Athletic Booster Club sponsor the "Senior Scholastic Athlete" award to a graduating boy or girl athlete. The requirements for this award are:
 1. The student must have a 3.25 accumulative grade point average at the end of his/her 7th semester.
 2. The student must have participated in at least two sports during their senior year.

- C. School and/or the Lordstown Athletic Booster Club. The **cost for replacement** of any uniform shall be borne by the athlete and his/her parents when a uniform is returned in such a condition that it cannot be cleaned, repaired or when the uniform has been lost. The athlete will not be allowed to participate in another sport until all outstanding uniforms are returned or debts paid.
- D. Items which are personal in nature – undergarments, hats, socks, etc. – cannot be supplied by the Athletic Department, and, therefore, must be purchased by the athlete or his/her family.

XX. ATHLETIC AWARD SYSTEM

- A. The award system at Lordstown Local Schools is structured to honor participation and performance in sports. Those student/athletes who have demonstrated commitment, sportsmanship, and hard work are the athletes which are to be rewarded.
- B. MINIMUM REQUIREMENTS FOR VARSITY AWARDS:
 1. Cross Country: Make significant performance contribution to the team.
 2. Volleyball: Play in a least half of all scheduled varsity games.
 3. Soccer: Play in a least half of the 40 minutes halves.
 4. Golf: Have a counting score in at least 50% of matches.
 5. Basketball: Play in a least half of the total quarters.
 6. Cheerleading: Must participate in 95% of all games.
 7. Indoor Track: Make significant performance contribution to the team.
 8. Baseball: Play in a least half of the innings for the season.
 9. Softball: Play in a least half of the innings for the season.
 10. Tennis: Play in at least three varsity matches.
 11. Track: Score at least 10 individual points in one or more events for the season.
- C. In addition, the coach may award a varsity letter, with the approval of the Athletic Director, if in his/her opinion a student has earned a letter by his/her meritorious service to the team during the season. Such awarding shall be shared with the student.
- D. An athlete shall not be eligible for any awards if he/she quits the team prior to the conclusion of the season, becomes academically ineligible or is dismissed from the team by the coach for violating Athletic Department or team rules.
- E. A student who becomes academically eligible during the course of the season or who moves into the district and who has the permission of the coach to join the team, may qualify for awards if they meet the varsity requirements.
- F. A player may be eligible for an award if injury prevents competition. In such cases, the coach and Athletic Director must agree upon the eligibility for the award.

8. An Athlete learns to succeed. A study commissioned by the American College Testing Service (ACT) shows that the only factor that could be used in predicting success in later life was achievement in extracurricular activities.
9. Good things happen for students when they are involved in extracurricular activities. Not only do athletics provide positive benefits, but they help to avoid negative effects.
10. Athletes have an extra reason for going to school. They have relationships with other students and coaches with whom they are working and spending time with every day outside of class.

IV. ACADEMIC STANDARDS

- A. ACADEMIC PERFORMANCE is the most important priority of students and maintaining good grades is more important than any athletic participation. Athletes must be able to think clearly and quickly, and respond instantly to direction. This requires a good head and a developed mind.
- B. Due to the fact that the State Legislature has passed laws which required the Boards of Education to establish minimum academic standards, starting on July 1, 1998, the following has become the eligibility requirements for all students at Lordstown Schools for participation in interscholastic athletics:
 1. Any student who receives two F's for either a nine week grading period or final semester average shall be ineligible to practice or participate for the subsequent grading period.
 2. Furthermore, any student who receives the F's for the final nine weeks or for the second semester or for the final yearly grade will be ineligible for the first nine week grading period for the following year.
 3. The eligibility or ineligibility of a student for a nine week period begins and ends after the grades have been submitted by the teacher and have been confirmed by the athletic director.
 4. Each student must also obtain a minimum grade point average of 1.5 each grading period to be eligible to practice or play for the succeeding nine week grading period.
 5. All incoming seventh grade students will be eligible to participate in athletics for the first grading period without regards to grades earned in 6th grade. After the first nine weeks, they are subject to the rules in effect for all other students.
 6. Any student/athlete receiving an "I" or incomplete would have the "I" averaged as an "F" in computing the GPA until all work is completed at which time the GPA will be re-computed.

7. Attendance at summer school will have no effect on the eligibility or ineligibility of a student.
- C. A student who becomes ineligible during the course of a season will be ineligible for any post-season awards. In addition, a student who becomes eligible during the course of a season will be eligible for post season awards providing they have met the requirements for that sport. Each coach shall have the right to determine whether a newly eligible athlete will be allowed to become a team member.
- D. The eligibility of a transfer student must be established by school records or verification from the sending school. The responsibility for establishing eligibility rests with the receiving school.
- E. If a student is ineligible to participate in interscholastic athletics, he/she is ineligible to practice or condition with the team.
- F. A student who is ineligible at the end of the 4th nine weeks may participate in summer programming.

V. PHYSICALS AND INSURANCE

- A. Each student must have a physical by a physician in order to participate. The physical will be in effect for one year from the date of the physical. This physical must be obtained before the athlete can condition, practice or play.
- B. Each student must be covered by insurance which will cover the athlete in case of accident or injury. If the parent(s) do not have such coverage, contact the Athletic Director who can forward information on a policy which has been approved by the Lordstown Board of Education.

VI. AGE LIMITATION - OHIO HIGH SCHOOL ATHLETIC ASSOCIATION RULE

- A. If a student enrolled in high school attains the age of 19 before August 1, the student shall be ineligible to participate in high school interscholastic athletics for the school year commencing in that calendar year.
- B. If a student enrolled in grade 7 or 8 attains the age of 15 before August 1, the student shall be ineligible to participate in 7-8th grade interscholastic athletics for the school year commencing in that calendar year.
- C. A student shall become eligible for high school athletics when the student attains the fifteenth birthday before August 1, or when the student attains ninth grade standing.
- D. The date of birth as recorded in the school records shall be considered as final.-(Ohio High School Athletic Association, Handbook, Bylaw 4, Section 2: 1,2,3)

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- B. Pyramids and mounts by cheerleaders are prohibited. Individuals may not stand on another's shoulders or support another individual in any type of mount.
- C. Mini trampolines are prohibited.
- D. CHEERLEADING CLINICS & TRYOUTS:
1. A cheerleading clinic will be held at some time following the basketball season without regards to the academic eligibility, however, the cheerleader must be academically eligible at the end of the 1st nine weeks of the school year or they cannot participate for the rest of the basketball season.
 2. At the conclusion of the clinic, all persons trying out for the respective squads will go through a tryout session from which the squads will be chosen for the next school year.
 3. The expectations for those trying out will be given to each candidate prior to the clinic.
 4. Candidates must have a current physical examination card on file in order to try out.
- E. Varsity cheerleaders shall number no more than 6 cheerleaders and shall come from grades 8 through 11. No senior shall be eligible for the junior varsity squad.
- F. Junior Varsity cheerleaders shall number no more than 6 cheerleaders and shall come from grades 8 through 10.
- G. Junior High cheerleaders shall number no more than 6 cheerleaders and shall come from grades 6 and 7.

XIX. UNIFORMS

- A. Uniforms for all squads shall be provided by the Athletic Department and are the property of Lordstown Schools.
- B. It is the responsibility of the athlete and his/her parents to maintain all uniforms. All uniforms shall be pre-treated for stains and high levels of soil and then washed in WARM water. The uniforms should be washed each time the athlete wears it. Body oils and deodorants might not be seen but will, in time, leave an irremovable stain on the uniform. The uniform should only be dried on a Wash & Wear setting. **NO CHLORINE BLEACH** should ever be used on a uniform. If after an initial treatment for stains or heavy soils, the stain remains, soaking in "Simple Green" may remove the stain or soil.

The high school uniforms cost between \$75.00 and \$150.00 per set and, therefore, are a major expenditure for the Athletic Department, the

- G. Each coach has the privilege of excusing or not excusing an athlete for activities outside of the sport such as vacations, Camp Fitch, etc.

XVI. EJECTION OF STUDENT/ATHLETES FROM ATHLETIC CONTESTS

- A. According to O.H.S.A.A. rules, any student/athlete ejected from an interscholastic contest for unsportsmanlike conduct or a flagrant foul shall be ineligible for contests for the remainder of the day as well as for all contests in that sport until two (2) regular season/tournament contests are played at the same level as the ejection.
- B. If the ejection occurs in the last contest of the season, the student/athlete shall be ineligible for the same period of time as stated above in the next sport in which the student/athlete participates.
- C. The suspended student/athlete may not sit on the team bench, enter the locker room or be affiliated with the team in any way.
- D. A student/athlete who has been ejected for unsportsmanlike conduct for the second time shall be suspended for the remainder of the season in that sport.
- E. A student/athlete who has been ejected for the second time during the final contest of a season shall be ineligible for a period of time/number of contests subject to the discretion of the Commissioner of the O.H.S.A.A. and shall begin during the next sport in which the student participates.

XVII. ATHLETIC INJURIES AND ATHLETE ILLNESSES

- A. If an athlete has been injured, whether during the course of practice, game, meet, etc., or during off school time and the athlete has seen a physician, the parent is responsible for obtaining a release from the physician that the athlete may return to participation. No participation will be allowed until the coach has received the release.
- B. If an athlete has been seen by a physician due to an illness, the parent is responsible for obtaining a release from the physician that the athlete may return to participation. No participation will be allowed until the coach has received the release.

XVIII. CHEERLEADING RULES AND REGULATIONS

- A. Cheerleaders must follow the same rules, regulations and behavioral codes as established for all other athletes.

VII. TWO SPORTS PER SEASON OPTION

- A. An Athlete will be permitted to participate in two sports per season.
- B. Students must declare a primary sport before they compete in a seasonal sporting event for either sport that they participate in, unless there is a practice time conflict, then a primary sport must be chosen at the start of the season.
- C. If a student chooses a secondary sporting event over a primary event, without prior permission from both coaches, that student will be removed from his/her primary sport for the rest of the season without a refund.
- D. Students cannot join a secondary team after the season's first sporting event in the district.
- E. Students cannot quit a Lordstown sport and join another Lordstown sport that they had not previously been a member of that season. In order to play a second sport students must have played a primary and secondary sport at some point simultaneously that season.

VIII. TWO SPORTS PER SEASON REQUIREMENTS

- A. Student must always attend a primary season event over s secondary season event, unless both coaches allowed for the opposite.
- B. If there are now practice conflicts between a student's two sports, then they must attend both daily, unless the coaches allow different.
- C. If there are practice time conflicts, the student must always attend the primary sport practice, unless coaches allow different.
- D. If a secondary sport seasonal event conflicts with a primary sports practice, the student must go to the secondary sports event, unless the coaches allow different.

IX. COACH'S RULES

- A. Each coach is required to have written team rules in addition to the rules found within this handbook.
- B. Rules and penalties for tardiness, absences, curfew violations, inappropriate practice/game dress, misconduct during practice or games are examples of rules to be included in the coach's rules.
- C. The written rules shall be given to all athletes, parents and the athletic director at the beginning of each season.

X. CODE OF BEHAVIOR

Since athletics is a **PRIVILEGE** for each participating individual, it is important that students, parents and interested persons be aware of the necessary rules and regulations which govern all athletes. Each coach must have a meeting at the beginning of the season with the athletes and their parents/guardians so that the rules, regulations and procedures of the Athletic Program are clearly understood by all. An Athletic Contract will be given to each athlete and parent and must be signed by both parties. These contracts must be given to the coach before the athlete may participate (condition, practice or play).

A. BEHAVIORAL REQUIREMENTS

1. ATTENDANCE IN SCHOOL is expected on the day of and the day following athletic contests. Students must "arrive by 9:30 on the day of a school sponsored event (athletics, plays, prom, dances, etc.) unless excused by a physician. This includes practice sessions." (Student Handbook) In addition, a student may not leave before 1:00 p.m. unless excused by a physician. "If the nurse or the office excuses a student during the day because of illness....the student will not be permitted to participate in practice, or other events." (Student Handbook)
2. Coaches may confirm curfew times as set forth in team rules and have the right to deny participation privileges if the curfew is violated. The discipline for curfew violation shall be determined by the coach.
3. DRESS for all games should express respect for your school and community. Coaches will give specific guidelines and athletes are expected to follow their directions to the letter. During contests complete school uniforms must be worn and they must be clean, neat and properly worn (e.g., tails tucked in if uniform is so designed). Your uniform is the symbol of the pride you have in your team, school and community.
4. TRAVELING to and from a contest will be done by transportation approved by the school. Athletes are not permitted to ride to or from a contest other than with his/her team. Emergency exceptions can be made with the permission of the coach upon written request by a parent before leaving for the contest. Alternate transportation can ONLY be provided by the athlete's parent/guardian. Absolutely no responsibility or liability will be assumed by the school or its' personnel for transportation provided by a parent.

11. learn from successes and failures;
 12. accept the responsibilities undertaken with full commitment;
 13. appreciate the opportunity to participate in interscholastic athletics.
- B. Coaches, athletes, parents and fans who display poor sportsmanship not only reflect upon themselves, but reflect on the team, the school, the student body and the community. Only the highest standards of conduct, competition and sportsmanship are acceptable from athletes, coaches, parents and fans in the Lordstown Local Schools. Coaches, administrators and staff will react to breaches of good sportsmanship with immediate corrective action.

XV. PRACTICE REGULATIONS

- A. There will be no practice session of any kind or type on Sunday UNLESS APPROVED BY THE ATHLETIC DIRECTOR IN ADVANCE. Sunday practices are optional for the athlete.
- B. Pre-season conditioning for any sport shall not be required. However, it is important for the athlete and parent (s) to understand that the more time spent in preparing for an activity, the more skilled the athlete will be and the more playing time which can be expected.
- C. The starting practice of one sport shall not interfere with the regular or post-season of another sport. No athlete shall attend a conditioning session or practice of a sport for the next season until the first season is completed. If a student quits a sport prior to its completion, he/she may **NOT** attend conditioning or practices until the official end of the first sport.
- D. After the beginning of official practice, an athlete who wishes to quit one sport to join another, must have the permission of the Athletic Director and the first and the second coach in order to participate in the second sport. The Athletic Director and the coaches are not required to, but may, accept the athlete who wishes to transfer to a second sport. The Athletic Director will have the final discretion.
- E. If, prior to the first game of a season, an athlete is cut from one team, the coach of another team MAY, but is not REQUIRED TO, accept the athlete on the other team. The late arriving athlete must meet whatever requirements as established by the coach.
- F. In the sport of Cross Country, each participant must "practice a minimum of 10 days under supervision of the individual or coach authorized by the Board of Education before competing in a contest". (Ohio High School Athletic Association Sports Regulations, Section 3, A, 1.1)

XIII. STUDENT ANTI-HAZING POLICY

“It is the policy of the Board of Education and School District that hazing activities of any type are inconsistent with the education process and prohibits all such activities at all times. No administrator, faculty member or other employee of the School District shall encourage, permit, condone, or tolerate any hazing activities. No student, including leaders of student organizations shall plan, encourage or engage in any hazing.

Hazing is defined as doing any act or coercing another, including the victim, to do any act of initiation into any student or other organization that causes or creates a substantial risk of causing mental or physical harm to any person. Permission, consent, or assumption of risk by any individual subjected to hazing shall not lessen the prohibitions contained in this policy.

Administrators, faculty members, and other employees of the School District shall be particularly alert to possible situations, circumstances, or events which might include hazing. If hazing or planned hazing is discovered, the students involved shall be informed by the discovering school employee of the prohibition contained in this policy and shall be required to end all hazing activities immediately. All hazing incidents shall be reported immediately to the Superintendent.”

Lordstown Board of Education Policy # 5516 R.C. 2307.44, 2903.31

XIV. GOOD SPORTSMANSHIP

- A. GOOD SPORTSMANSHIP is an essential part of any respected Athletic Program. It demands that coaches, participants, parents and fans:
1. keep the game in perspective – it is, after all, a game;
 2. treat all individuals with respect, whether members of your own team, the opposing team, fans or officials;
 3. represent your team, school and community with pride and dignity;
 4. strive to better yourself as a student, an athlete and as a person;
 5. congratulate success and encourage those who fail;
 6. remember that doing your best is the most important concern;
 7. remember that when everyone on the team gives 100%, everyone is a winner, no matter the score;
 8. lead by example and learn by doing;
 9. share the feeling of success and the feeling of failure with others;
 10. carry the ideals of sportsmanship into the classroom, home and community;

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5. TRUST between you and your coaches, teammates and school is a great part of why being a Lordstown athlete is an honor and a privilege. Lying, cheating, stealing or any other behavior which breaks this trust has no place on any team or in any program and will not be tolerated. Committing these offenses will result in disciplinary action up to and including immediate expulsion from the team.
6. PROMPTNESS is absolutely necessary when schedules have been designed which depend on promptness. Athletes must be on time for practices, games and buses. Coaches will correct and then may dismiss an athlete, if necessary, for failure to report promptly to a team event.

B. CONDUCT CODES

1. Conduct of athletes is of prime concern to your coaches, the school administration and the community. Student athletes who do not conduct themselves with intelligence, self-discipline and good sense will not participate on athletic teams in the Lordstown Schools.
2. Athletes must respond instantly to direction from coaches. Competition between athletic teams is no place for democratic votes. The coach is expected to give instruction, the student is expected to respond to it. Players who cannot follow the rules will not participate.
3. One of the basic reasons for offering interscholastic athletics is to teach good citizenship. This involves teaching respect for authority, the rule of law and treating our fellow human beings with dignity and compassion. ATHLETES SHALL NOT at any time:
 - a. criticize, question or make any unsportsmanlike display by word or action of an official or his/her judgment;
 - b. antagonize, belittle or ridicule a teammate or an opponent in any way;
 - c. engage in pushing, shoving, fighting or any other means of possible violence before, during, after or in connection with any athletic endeavor;
 - d. display, incite or condone any act of disrespect towards officials, coaches, adults or students of either team;
 - e. engage in any action which is degrading to the self, team, school or community you represent;
 - f. abuse or mistreat school equipment, uniforms, facilities or any other materials entrusted to you; and
 - g. criticize, except in a private meeting with your coach, your teammates, the coach, program or school policy.

4. Students who must serve after school detention will abide by those rules established by each coach.
5. Students who are assigned Saturday detention will be ineligible to practice or participate on the next school day following their Saturday detention. They must, however, attend any practice or contest held that day.
6. Students who are suspended out of school are ineligible to practice or participate during the period of the suspension.
7. If a student is expelled from one sport, they may NOT participate in another sport that season.

C. PENALTY FOR VIOLATION OF BEHAVIOR OR CONDUCT CODES

Any violation, abuse or involvement in any way with any of the above "behavioral requirements" (section a) or "conduct codes" (section b) will involve immediate disciplinary action which can include suspension and/or expulsion from participation privileges.

D. DUE PROCESS & PROCEDURE

1. All expulsions shall be done by the coach in consultation with the Athletic Director.
2. In the case of expulsions, the athlete and his/her parent(s) shall have the right to appeal the expulsion to the appropriate Principal. Such appeal must be done in writing within forty-eight (48) hours of the notice to the athlete of the expulsion.
3. Upon appeal by the parent/athlete, the Principal shall hold a hearing on the issue. The Principal shall notify the athlete and his/her parent(s) in writing of his decision.
4. If the Principal determines that the expulsion is warranted, the athlete and his/her parent(s) shall have the right to appeal the expulsion to the Superintendent in writing within seventy-two (72) hours of the notice given by the Principal to the athlete and his/her parent(s).
5. The Superintendent shall have the right to the final determination of the expulsion and shall notify the Principal, the Athletic Director and the athlete and his/her parent(s) of his/her decision in writing.

XI. USE OF TOBACCO, ALCOHOLIC BEVERAGES AND ILLEGAL DRUGS OR CHEMICALS

- A. Athletes **will not** use or possess tobacco.
- B. Athletes **will not** use or possess alcohol.
- C. Athletes **will not** use, possess, buy, sell or give away any illegal substance as defined by law including designer or look-alike drugs.
- D. Reports of any violations will be accepted from police agencies, coaches or teachers **ONLY** and must be backed by personal observation or a legal report.
- E. PENALTY for any violations pertaining to tobacco, alcoholic beverages, illegal drugs:
 1. Any violation, abuse or involvement in any way with alcohol, tobacco, illegal drugs will result in the immediate dismissal from the team/sport.
- F. DUE PROCESS & PROCEDURE
 1. The same due process procedure as described in Section XIII, D shall be used with regards to this section.

XII. PARENTAL CONDUCT CODES

- A. Participation in athletics can be a positive force in a young person's life. However, in order for it to be so, the parents/guardians of the participants must contribute with the following behaviors:
 1. Do not criticize, question or make any unsportsmanlike display (by word or action) of a contest official or his/her judgment.
 2. Do not antagonize, belittle or ridicule anyone on either team.
 3. Do not display or condone any act of disrespect towards fans, coaches, adults or students of either team.
 4. Do not engage in any action which is degrading to the self, team, school, or community.
 5. Do not criticize other players or the coach in front of the athlete. If there is a problem, discuss it privately with the coach.
 6. Do enforce the team and Athletic Department rules.
 7. Be positive with your child and all other team members and parents.
 8. Help the athlete to understand that playing time depends on the level of skills developed, positive attitudes and giving 100% during practice and games.
 9. Support the athlete, team, coach and program by attending as many contests as possible, by attending awards presentations and by not scheduling vacations during season play.